

NEW PROGRAMME

TUESDAY, MAY 10th - COFFEE MORNING - FROM COPPER TO SHEPHERD.

SUE WOODCOCK will give us an account of her life from being a young policewoman, a shepherd and writer, with amusing anecdotes along the way. All she asks is that we laugh, at her or with her, she doesn't mind which.

Malton & Norton Rugby Club 10.00 for 10.30am. COST £2 per person

THURSDAY, MAY 19th - SERIOUS MEETING - DEMENTIA.

This is Dementia Awareness Week and a representative from the Alzheimers Society will talk about this condition and tell us how we can be Dementia friendly. **Malton & Norton Rugby Club 9.30 for 10.00am.**

There is **NO CHARGE** for this meeting but please send in the Booking slip.

TUESDAY, MAY 24th - VISIT TO EGGLESTON HALL GARDENS -

Eggleston Hall Gardens are near to Barnard Castle, situated in beautiful Teesdale. We will have a conducted tour, which is included in the price. You will then have time to wander through the gardens at your leisure, following the 22 stone trail. There is a gift shop and a café. We will depart from Norton at 9 am and will have a stop at Strikes, Northallerton on the way.

COST £15 per person - to include the coach and conducted tour. .

THURSDAY, JUNE 2nd - COFFEE MORNING - THE WILD WEST -

JOCELYN BROOKES will give us an illustrated talk on The Wild West - Arizona, Nevada, Colorado, New Mexico and Utah in America.

Malton & Norton Rugby Club 10.00 for 10.30am. COST £2 per person.

WEDNESDAY, JUNE 15th - COFFEE MORNING - LIFE IN THE WORKHOUSE.

LINDA MCCARTHY of the Malton Dickens Society will give us an illustrated introduction to how some of the poor lived in times past.

Malton & Norton Rugby Club 10.00 for 10.30am. COST £2 per person.

**WEDNESDAY, JUNE 22nd - NORTHALLERTON AND
- WYNYARD HALL WALLED ROSE GARDEN.**

COST £15.00 per person including garden entrance and coach

Setting off from Norton car park at 9am. we will travel via Pickering, Kirkbymoorside, and Helmsley to Northallerton where you will be able to purchase your lunch and look around this pretty market town. We will leave around 1.30pm to drive north to Wynyard Hall Walled Rose Garden which forms part of the Wynyard Estate and has been restored by its present owner Sir John Hall. Entrance to the garden is included in the price and food and drinks can be purchased in the new tearoom/shop.

Following departure around 4:15 pm. we will travel home through beautiful Bilsdale.

**WEDNESDAY, JUNE 29th - CATS at Leeds Grand Theatre - Matinee
performance - COST £46 per person to include the coach and your ticket.**

As we have been asked for more theatre trips come with us to see Andrew Lloyd Webber's record breaking musical direct from a season at the London Palladium. We will depart from Pickering at 9:30 am to allow time for lunch and a wander around Leeds.

Full payment to be received by no later than **9th May 2016.**

**WEDNESDAY, JULY 6th - COFFEE MORNING
- THE CORDWAINERS OF YORK.**

ELIZABETH MARSHALL and **PAMELA MORRIS** will talk about the history and modern role of this medieval guild of leatherworkers.

Malton & Norton Rugby Club 10.00 for 10.30am. COST £2 per person

**WEDNESDAY, JULY 13th - MYSTERY TRIP
COST £19.00 per person, to include lunch and the coach.**

Where shall we go this time on another of our mystery trips?

Starting from Pickering at 9:00 am. There will be a stop for you to purchase a coffee mid-morning. Please send in your menu choices with your booking slip.

WEDNESDAY, JULY 27th - SERIOUS MEETING -

The role of Quality and Monitoring officers in Health and Adult Services at North Yorkshire County Council.

LINDA HALL and **JAMES WATERWORTH** will explain and answer questions on how residential and domiciliary care providers work with the Council to provide services on its behalf and how the providers are monitored and assessed.

Malton & Norton Rugby Club 9:30 for 10:00 am.

FREE OF CHARGE but please send in the Booking slip.

2 NIGHT HOLIDAY TO THE PEAK DISTRICT

Friday 16th to Sunday 18th September 2016

Join us on a 2 night trip to the Peak District. Based at the Palace Hotel in Buxton we will also visit Cromford Mill and the National Tram Museum at Crich. The cost of the holiday includes dinner, bed and breakfast, entry fees and a Mill Tour at Cromford Mills.

Both our visit destinations are less than an hour from the hotel and we have planned to give you free time to explore Buxton.

Crich Tramway Village is accessible to all with ramps and lifts to all buildings. A tram runs for a mile through the re-created village and into the countryside. There are a number of places for a meal or a snack, hot meals are available in the Tearooms from 12:00 – 2:30 pm.

We will visit Cromford Mill on Sunday. It is a World Heritage Site and has been described as the most important preserved textile heritage site in the world. Our tour guide will take us back in time to when Sir Richard Arkwright pioneered the world's first successful water powered cotton spinning mill. Walk around the village to see mill workers houses, the Market Place and Greyhound Hotel, the school and the village lock-up.

Both venues suggest allowing at least 4 hours for a visit.

Prices have been kept as low as possible, there is a £20 per night supplement for single rooms but I have been assured that the hotel will be able to provide the rooms we require; they have already reserved 21 single rooms but that number can be increased if required.

Any questions to **Pauline Reeve** on 01944 710930 during office hours please, 9:00 am to 5:00 pm Monday to Friday.

Please book early to avoid disappointment, I look forward to being with you all on another adventure.

Cost: £159 p.p. for 2 sharing a room; £199 for a single room

We have received this message from one of our Members:

SOCIAL TABLE TENNIS

I would like to start a group playing table tennis for fun and exercise.

Any age, any ability.

Venue: Ryedale Sports Club, Thornton Road, Pickering.

Trial six week period. Two Hour session. £2 per person.

Mondays between 2pm and 4pm.

Start date to be arranged if there is enough interest.

You will just need plimsolls or soft shoes.

Bats provided, (unless you have your own!)

Interested?

Contact: Jean Wardman 01751 477778

WHAT RIGHTS DO I HAVE?

These are the main rights which form the basis of the Human Rights Act which are taken from the European Convention on Human Rights.*

Article 2: Right to Life

Everyone has the right to have their life protected by law. The state can only take away someone's life in very limited circumstances.

Article 3: Prohibition of torture, inhuman and degrading treatment

Everyone has the absolute right not to be tortured or to be treated in an inhuman or degrading way.

Article 4: Prohibition of slavery and forced labour

Everyone has the absolute right not to be treated as a slave or to perform forced work.

Article 5: Right to liberty

Everyone has the right to liberty and security. No one can be deprived of their liberty apart from in certain circumstances e.g. being suspected of committing a crime or if someone lacks mental capacity to consent to care or treatment and it is in their best interests to deprive them of their liberty

Article 6: Right to a fair trial

Everyone has the right to a fair and public hearing within a reasonable time by an independent and impartial tribunal established by law.

Article 7: No punishment without law

Everyone has the right not to be punished retrospectively for something that was not a crime when they committed it.

Article 8: Right to respect for private and family life, home and correspondence

Everyone has a right to respect for their private and family life, their home and their correspondence. This right can be limited in certain circumstances such as to protect the rights and freedoms of other people, but if so this action must be necessary, lawful and proportionate.

Article 9: Freedom of thought, conscience and religion

Everyone has the right to freedom of thought, conscience and religion and to practice these beliefs alone or with others. This right can be limited in certain circumstances.

Article 10: Freedom of expression

Everyone has the right to have their own opinions and to express those views. They also have the right to receive opinions and information. This right can be limited in certain circumstances such as to prevent disorder or crime, if a public authority can show this action is proportionate.

Article 11: Freedom of assembly and association

Everyone has the right to protest in a peaceful way and to associate with others such as joining a political party or forming a trade union. This right can be limited in certain circumstances such as to protect public safety, if a public authority can show this action is proportionate.

Article 12: Right to marry and found a family

Men and women have the right to marry and start a family, however national law will still determine at what age and how this takes place.

Article 14: The right not to be discriminated against

Everyone has the right not to be discriminated against because of race, religion or gender or any other status in the enjoyment of their Convention rights.

* Article 1 is introductory and not incorporated in the Human Rights Act and Article 13 is not included in the Human Rights